

BMW

Model	Year	Chassis	Engine	MT	Clutch Type	Spec I		Spec II			Price \$	Note		
						Model #	Pedal Effort	Model #	Clamping Force (kg)	Pedal Effort				
Spec II is equipped with a new pressure plate and floating plate(s) (for twin/triple)														
E36	93-95	M3B	3.0 L		Triple			CB23H310	-11S	1,100		\$4,111.14	#1	
									-14S	1,400			#1	
									-15	1,500			#1	
					Triple Light Flywheel			CB23H310L	-11S	1,100			\$4,079.71	#1, #2
									-14S	1,400				#1, #2
									-15	1,500				#1, #2
		Twin			CB23H210	-11S	1,100		\$3,162.14	#1				
						-14S	1,400			#1				
						-15	1,500			#1				
		Twin Light Flywheel			CB23H210L	-11S	1,100			\$3,130.71	#1, #2			
						-14S	1,400				#1, #2			
						-15	1,500				#1, #2			
	96-	M3C	3.2 L		Triple			CB23H310	-11S		1,100		\$4,111.14	#1
									-14S		1,400			#1
									-15		1,500			#1
					Triple Light Flywheel			CB23H310L	-11S	1,100		\$4,079.71		#1, #2
									-14S	1,400				#1, #2
									-15	1,500				#1, #2
	Twin			CB23H210	-11S	1,100		\$3,162.14	#1					
					-14S	1,400			#1					
					-15	1,500			#1					
	Twin Light Flywheel			CB23H210L	-11S	1,100			\$3,130.71	#1, #2				
					-14S	1,400				#1, #2				
					-15	1,500				#1, #2				
93-	318is			Triple			CB23H310	-11S		1,100		\$4,111.14	#1	
								-14S		1,400			#1	
								-15		1,500			#1	
				Triple Light Flywheel			CB23H310L	-11S	1,100		\$4,079.71		#1, #2	
								-14S	1,400				#1, #2	
								-15	1,500				#1, #2	
Twin			CB23H210	-11S	1,100		\$3,162.14	#1						
				-14S	1,400			#1						
				-15	1,500			#1						
Twin Light Flywheel			CB23H210L	-11S	1,100			\$3,130.71	#1, #2					
				-14S	1,400				#1, #2					
				-15	1,500				#1, #2					
E46	01-	M3			Triple				CB23H320	-11S	1,100		\$4,111.14	#1
										-14S	1,400			#1
										-15	1,500			#1
					Triple Light Flywheel			CB23H320L	-11S	1,100		\$4,079.71		#1, #2
									-14S	1,400				#1, #2
									-15	1,500				#1, #2
Twin			CB23H220	-11S	1,100		\$3,162.14	#1						
				-14S	1,400			#1						
				-15	1,500			#1						
Twin Light Flywheel			CB23H220L	-11S	1,100			\$3,130.71	#1, #2					
				-14S	1,400				#1, #2					
				-15	1,500				#1, #2					
Mini Cooper	06-	R56/MF16S	1.6L turbo	6MT	Single				CB23H142	-16S	1,600		\$2,204.57	#3
										-22	2,200			#1, #2
										-22	2,200			#1, #2

Note

- #1: Flywheel bolts are included. Isuzu throw out bearing 5-09803005-0 or NSK throw out bearing TK-45-4B is required (sold separately)
- #2: Light flywheel version - the weight of the light flywheels are 3.7kg for triple & twin and 4.2 kg for single
- #3: Nissan throwout bearing 30502-14601 is required